



DO YOU CARE FOR A CHILD WITH ADDITIONAL NEEDS?

Join our new supporting parents project!

Help to navigate the challenges you and your child face, and find space to be heard and supported.

Makaton taster | Understanding sensory issues Helping your child sleep | Toilet training

Meet a friendly, experienced Senior Parent Adviser and access a range of workshops designed to increase your knowledge and skills in managing the needs of you and your family.

Please see overleaf for more information.

WORKSHOP PROGRAMME

Friday 9 February - 10 am - 12 pm

HELPING YOUR CHILD SLEEP

- Why sleep problems occur
- How to introduce a bedtime routine
- Top tips to help

Friday 1 March - 10 am - 12 pm

TOILET TRAINING

- Understand when children are ready to start
- Steps to toilet training
- Top tips to help

Friday 15 March - 10 am - 12 pm

MAKATON TASTER

- Overview of Makaton and how to use it
- Learn everyday signs and symbols.
- Learn from a fully qualified and licensed Makaton trainer

Friday 22 March - 10 am - 12 pm

UNDERSTANDING SENSORY PROCESSING

- What is sensory processing
 - How does it impact your child
 - Strategies to help you and your child
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Galafields Children's Centre, Newbiggin Lane NE5 1LZ

To book your place, please call Galafields Children's Centre on

0191 277 7800

contact *For families
with disabled children*