



DO YOU CARE FOR A CHILD WITH ADDITIONAL NEEDS?

Come along to our free workshops!

Our workshops designed to increase your knowledge and skills in managing the needs of you and your family.

Our welcoming sessions cover a range of topics, including:

**Helping your child sleep | Makaton
Encouraging positive behaviour**

Workshops are held on Zoom. For more information email: space@contact.org.uk

Please see overleaf for more information.

WORKSHOP PROGRAMME

Tuesday 16 May, 10 am – 12:00 pm

MAKATON TASTER

- Interactive workshop with a fully qualified and licensed Makaton Regional Tutor.
- An overview of what Makaton is and how to use it.
- Learn some everyday signs and symbols.

[Register on eventbrite](#)

Tuesday 20 June, 10 am – 12:00 pm

ENCOURAGING POSITIVE BEHAVIOUR

- Explore issues around behaviour and ways of supporting and encouraging your child.
- Gain a better understanding of why children behave the way they do.
- Learn ways to handle difficult situations in a calm, stress-free manner.

[Register on eventbrite](#)

Tuesday 11 July, 10 am – 12:00 pm

MANAGING YOUR CHILD'S SLEEP

- Raise your awareness of the importance of sleep.
- Gain understanding of sleep processes and why sleep problems may occur.
- Explore some of the common issues and learn practical tips.

[Register on eventbrite](#)

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