

# PRE-SCHOOL GYMNASTICS

FRIENDSHIPS

COORDINATION

BUILDING CONFIDENCE



AND MUCH MORE...

## Mini Flippers: 2-5 years old

Monday	Tuesday	Thursday	Friday	Sunday
9.45am – 10.30am 10.45am – 11.30am	1.30pm – 2.15pm	1.30pm – 2.15pm	1.30pm – 2.15pm	12.15pm – 1pm 1.15pm – 2pm 2.15pm – 3pm



## Stay and Play: 0-5 years old

Monday	Tuesday	Thursday	Friday
• 12-1pm	• 9:30-10:30am • 10:45-11:45am	• 9:30-10:30am • 10:45-11:45am	• 9:30-10:30am • 10:45-11:45am

**07817520621**  
northeastgymnastics.info@gmail.com



## Mini Flippers - 2 years - 5 years:

Mini Flippers is a structured Adult and Child gymnastics class, where your child will take part in a gymnastics session accompanied by their adult.

The session will include warm up with music and hand apparatus, 2 gymnastics circuits, cool down with stickers and awards.

The gymnasts work towards badges and certificates, following fun themes and imaginative and creative activities.

Children aged 18 months can participate if they're ready to follow instruction.



## Stay and Play - 0-5 years:

This is where the children can explore and have fun on the gymnastics apparatus and soft play items, children can have free play, where they can climb, slide, roll, jump and most of all have fun. We offer a baby corner, which includes soft toys, sensory items, puzzles, jigsaws, educational toys and lots more.

We finish off the sessions with songs and bubble time.

For more information or to book your child's place please call or email:

**07817520621**

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### Address:

Newburn Activity Centre  
Grange Road  
Newburn, NE15 8ND

