

Long Term PE Curriculum Map



	<u>Autumn 1</u>	<u>Autumn 2</u>	<u>Spring 1</u>	<u>Spring 2</u>	<u>Summer 1</u>	<u>Summer 2</u>
<u>Reception</u>	Fundamentals	Fundamentals	Dance	Gymnastics	Athletics	Athletics
<u>Year 1 NPESSS</u>	Fundamentals	Dance	Invasion	Gymnastics	Net and Wall	Athletics
<u>Teacher TA to support from NPESSS sessions</u>	Fundamentals	Team Building	Ball Skills	Fundamentals	Throwing and catching	Sports day Prep
<u>Year 2 NPESSS</u>	Fundamentals	Dance	Invasion	Gymnastics	Striking and Fielding	Athletics
<u>Teacher TA to support from NPESSS sessions</u>	Fundamentals	Team Building	Attacking and defending	Fundamentals	Throwing and Catching	Sports day Prep
<u>Year 3 NPESSS</u>	Fundamentals	Dance	Invasion through Handball	Gymnastics	Net and Wall through Tennis	Athletics
<u>Teacher TA to support from NPESSS sessions</u>	Fundamentals	OAA	Throwing and Catching	Swimming	Swimming	Swimming
<u>Year 4 NPESSS</u>	Fundamentals	Dance	Invasion through Basketball	Gymnastics	Striking through Cricket	Athletics
<u>Teacher TA to support from NPESSS sessions</u>	Swimming	Swimming	Swimming	Fundamentals	Throwing with accuracy Hitting into space	Sports day Prep
<u>Year 5 NPESSS</u>	Fundamentals	Dance	Invasion through Tag Rugby	Gymnastics	Tennis	Athletics

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<u>Teacher</u> <u>TA to support from</u> <u>NPESSS sessions</u>	Indoor Athletics Comp Prep	OAA	Tag Rugby Tactics Eg. Moving forwards passing backwards	Fundamentals	Racket Control	Sports day Prep
<u>Year 6</u> <u>NPESSS</u>	Fundamentals	Dance	Invasion through Netball	Gymnastics	Cricket	Athletics
<u>Teacher</u> <u>TA to support from</u> <u>NPESSS sessions</u>	Indoor Athletics Comp Prep	Team Building	Netball	Fundamentals	Fielding	Sports day Prep